



Suicide Prevention Efforts

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Overview

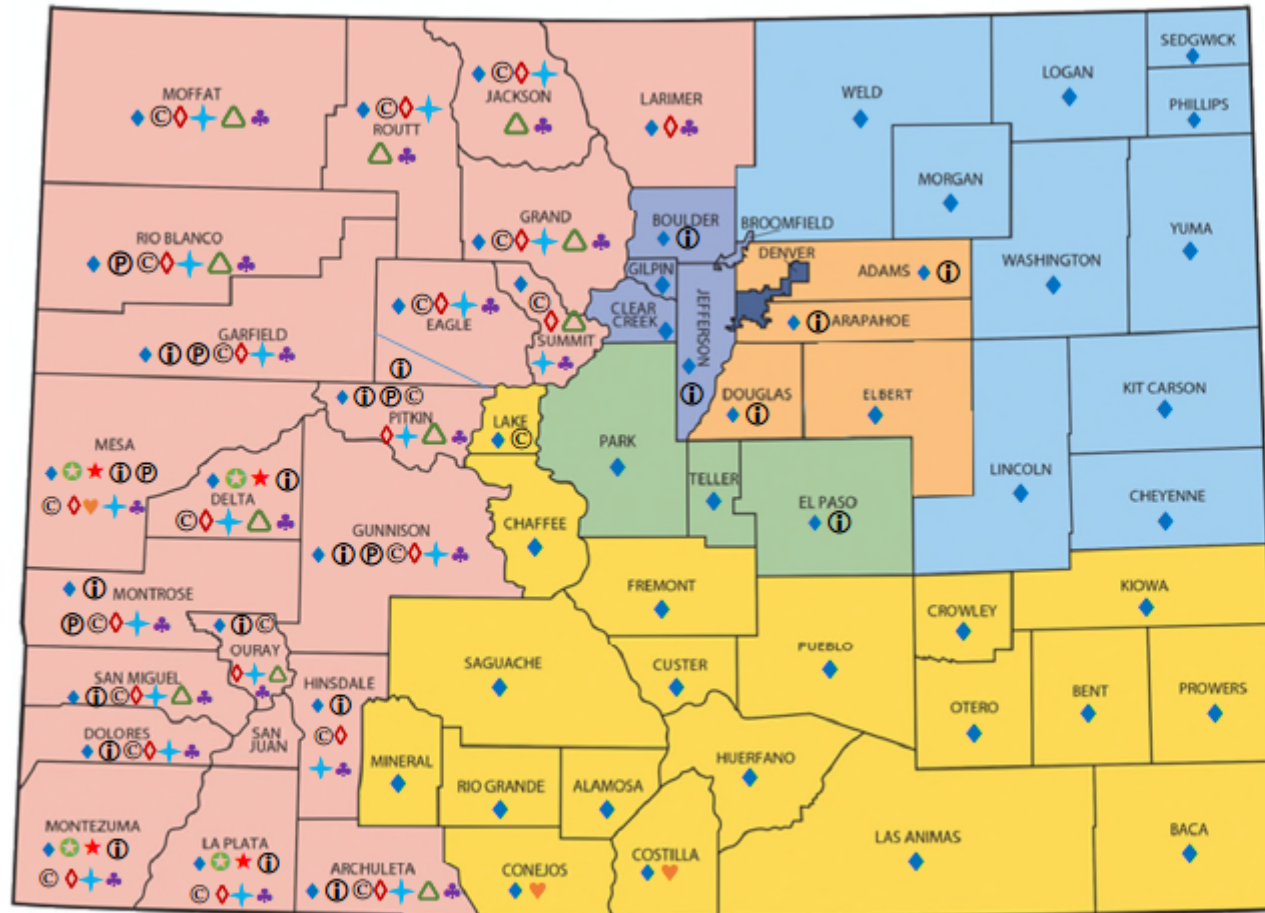
- Intro to RMHP
- Crisis team services
- Accountable Health Communities Model (AHCM)
- Practice transformation efforts
- Care management
- Q&A



Rocky Mountain Health Plans



RMHP Line of Business/Contracts by County



LEGEND:

Commercial	◆
DSNP	★
Medicare Adv	★
IEX	①
Prime	Ⓟ
CHP	Ⓢ
Crisis	◆
SEP	♥
AHCM	★
COACT	△
CYMHTA	♣

Broomfield: ◆ ①

Denver: ◆ ①

San Juan: ◆ ① Ⓢ ◆ ★ ◆

Region 1 Rocky Mountain Health Plans

Region 2 Northeast Health Partners

Region 3 Colorado Access

Region 4 Health Colorado, Inc.

Region 5 Colorado Access

RAE Region 6 Colorado Community Health Alliance

Region 7 Colorado Community Health Alliance



Rocky Mountain Health Plans

Mission

- Members first
- Quality care
- Adaptability

Values

- Well-being of members
- Respectful, compassionate and fair
- Innovative and action oriented
- Continuous quality improvement



Our Role in Preventing Suicide

Members

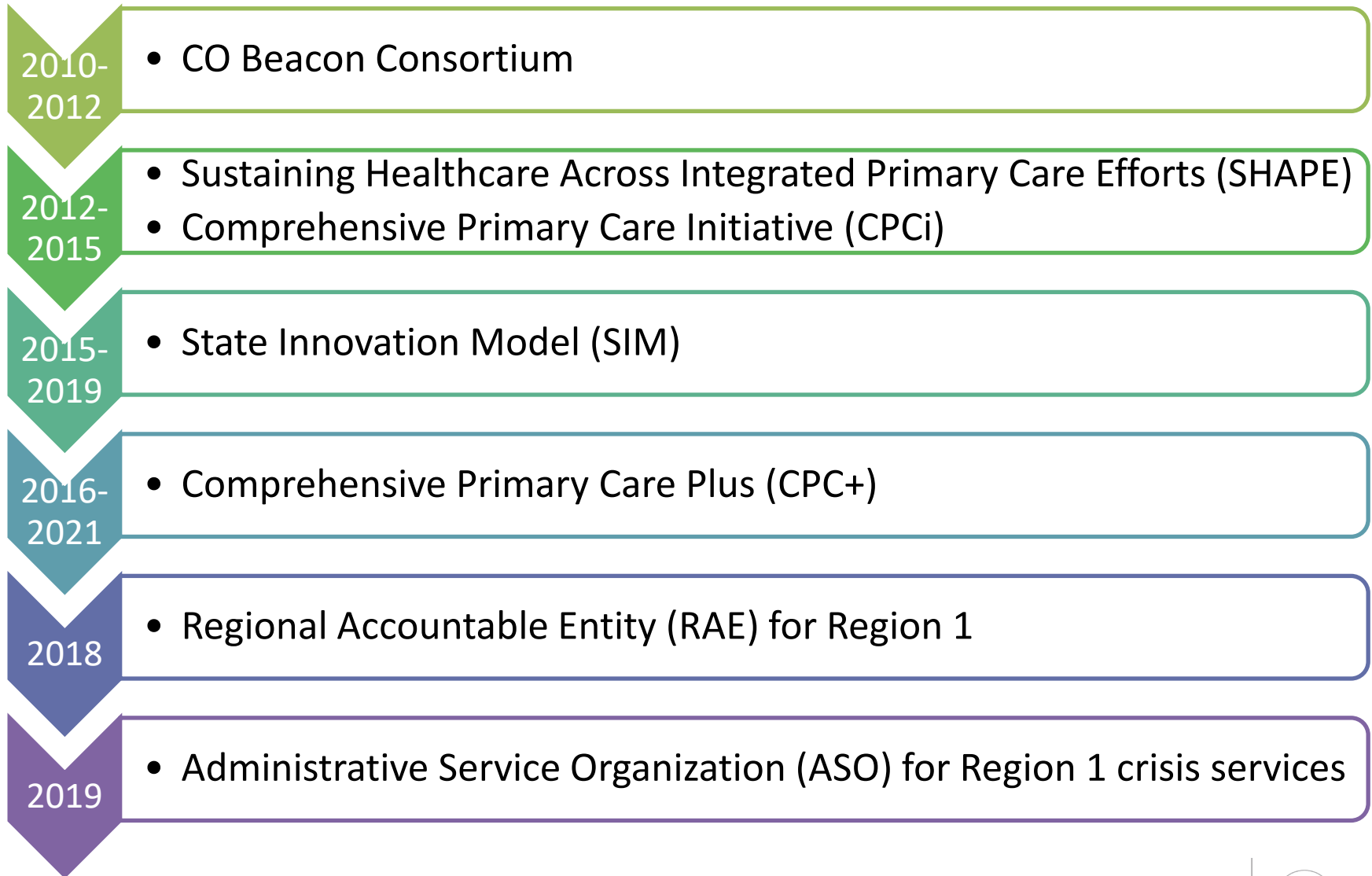
Employees

Providers &
care teams

Community
partners



Integrating Behavioral Health



Suicide Prevention Efforts Across the Health Plan

A stylized graphic in the background of the slide. It features a dark maroon background. A large, thin, light maroon arc represents a sun or moon. Below it, a range of jagged, dark maroon mountains is depicted. The overall aesthetic is minimalist and modern.

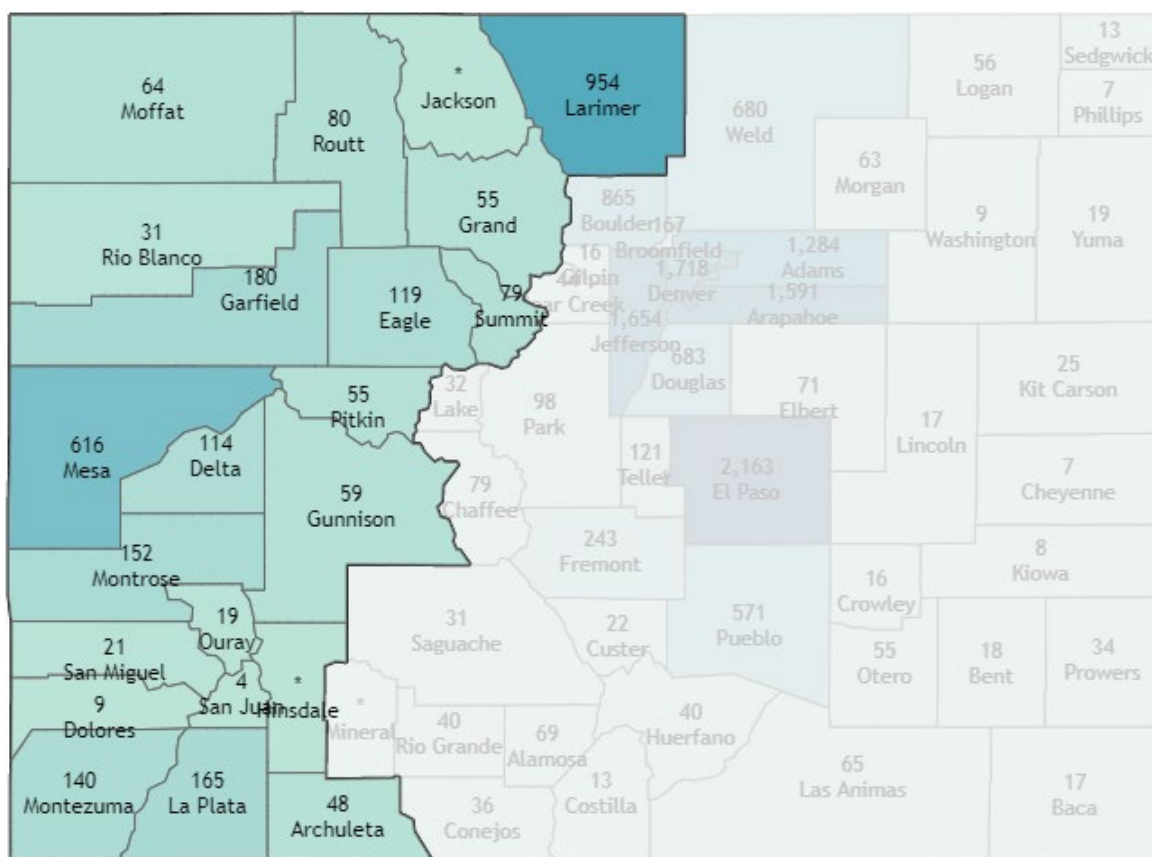
Suicide in Western Colorado

Suicides in Colorado: Counts

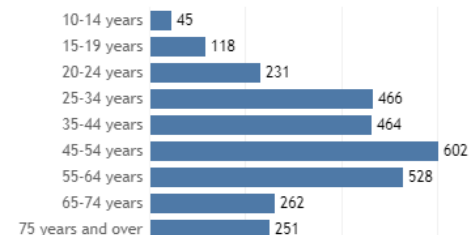
Colorado Vital Statistics Program, (death certificate)

Total suicides for selected populations and years:

2,967



by age



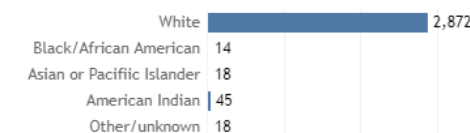
by sex



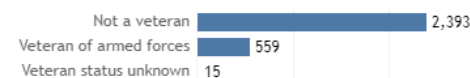
by ethnicity



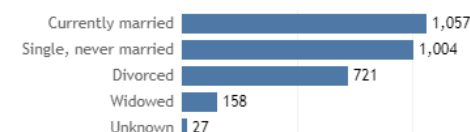
by race



by veteran status (ever in U.S. Armed Forces)



by marital status

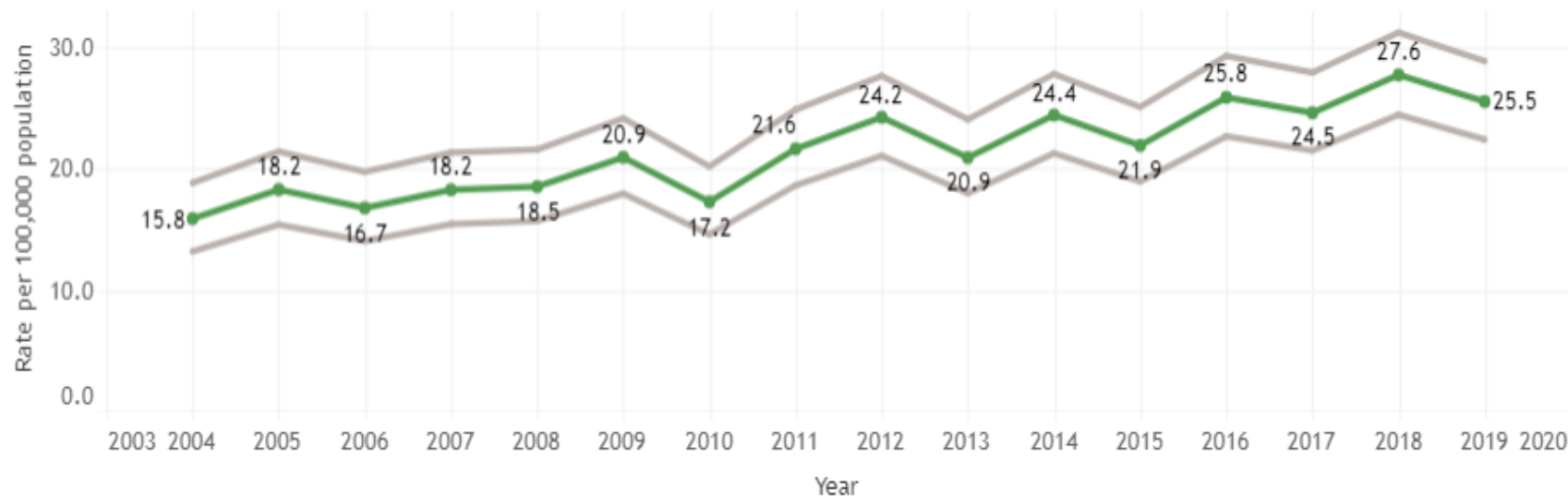


Crude Suicide Rate in Western Colorado

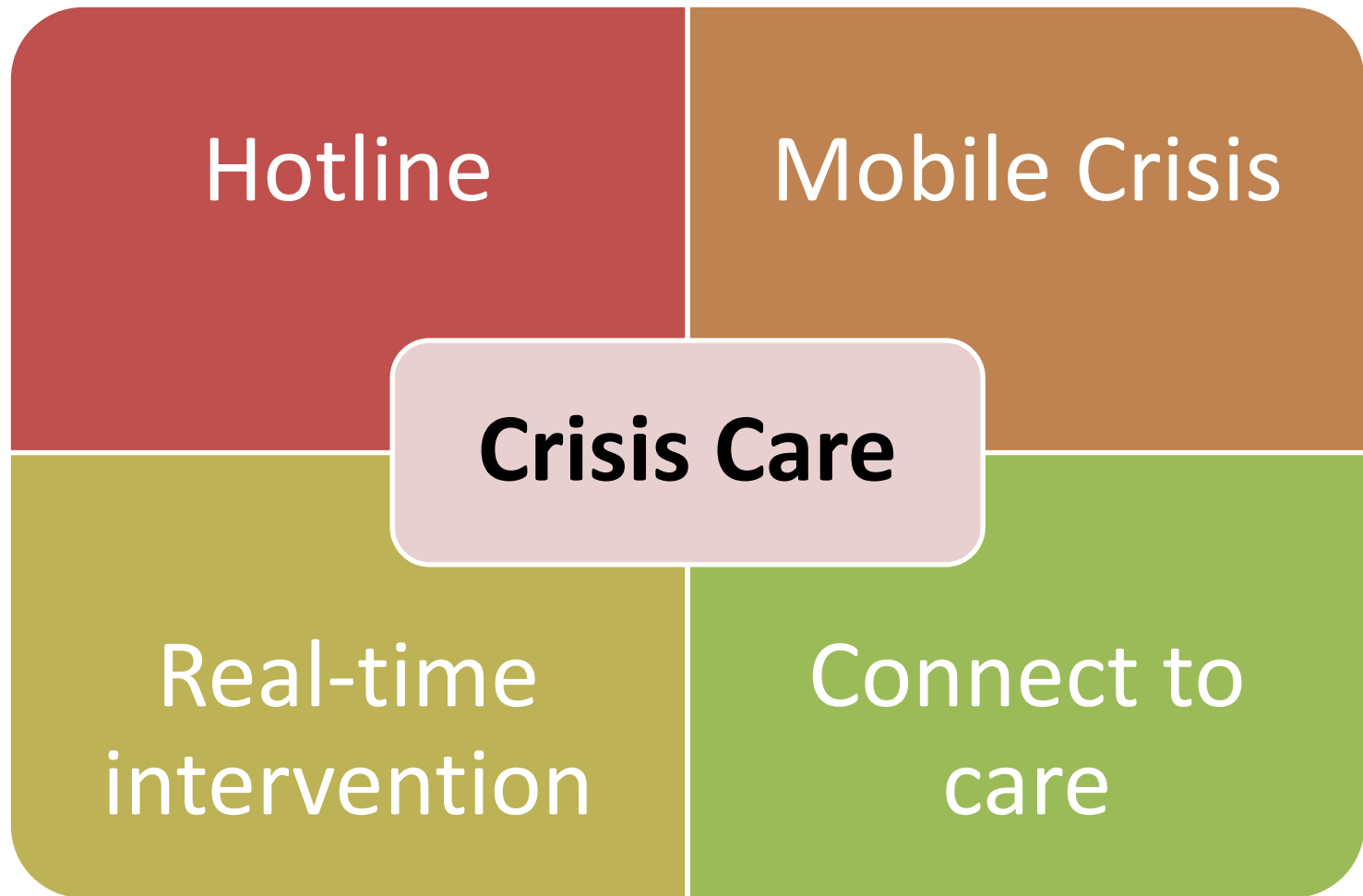
Selected population for all charts on this page

Age: All, Sex: All, Ethnicity: All, Race: All, Method: All methods, County: Archuleta, Delta, Dolores and 19 more

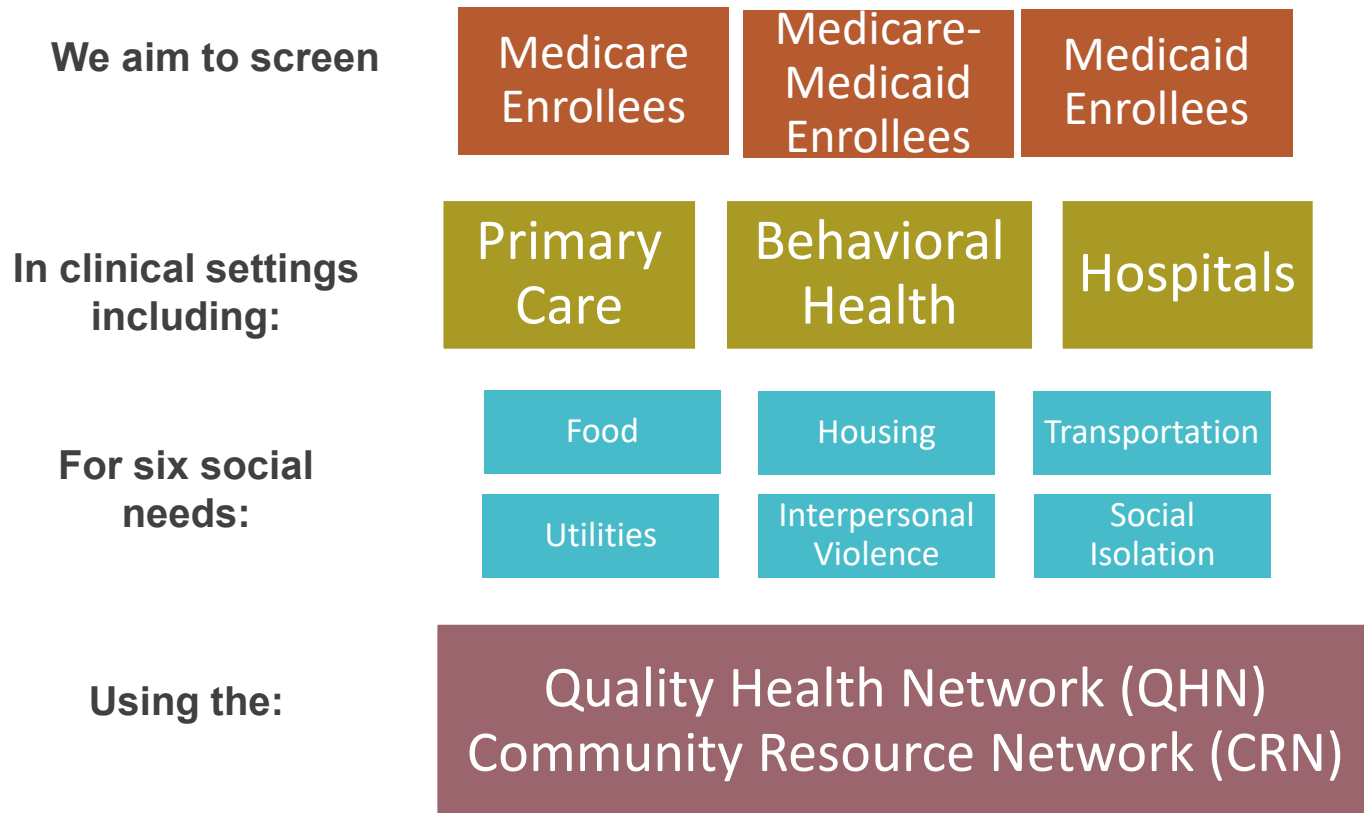
Crude rate of suicide per 100,000 population per year, 2004 to 2019



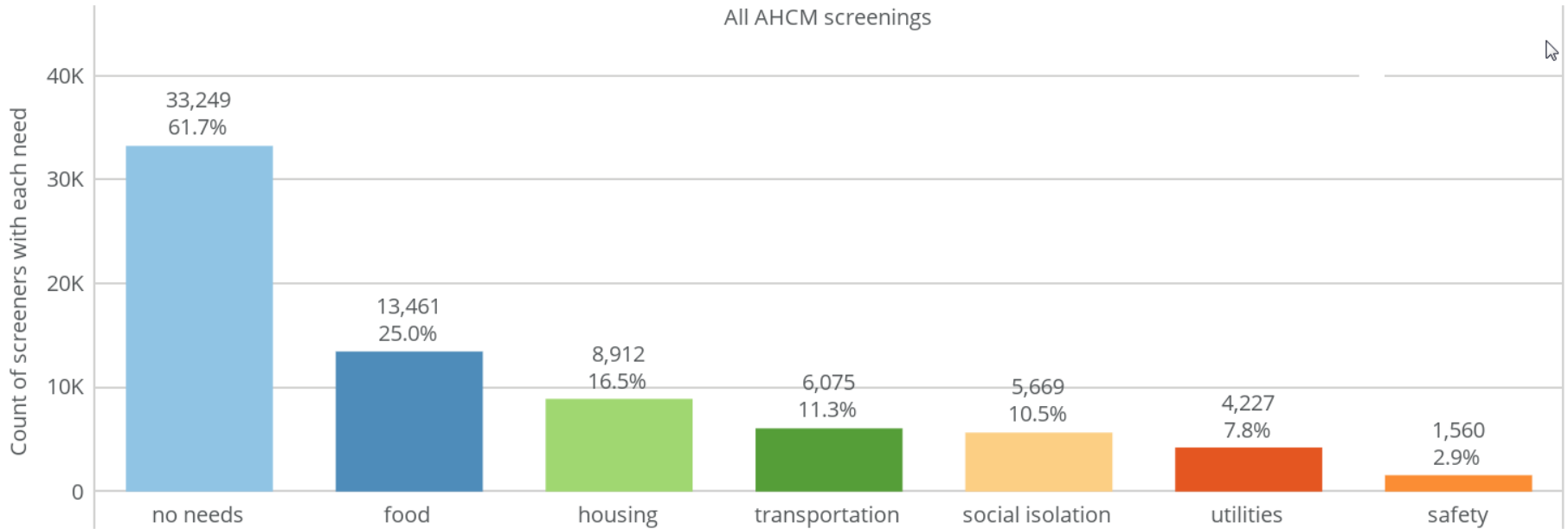
Crisis Services



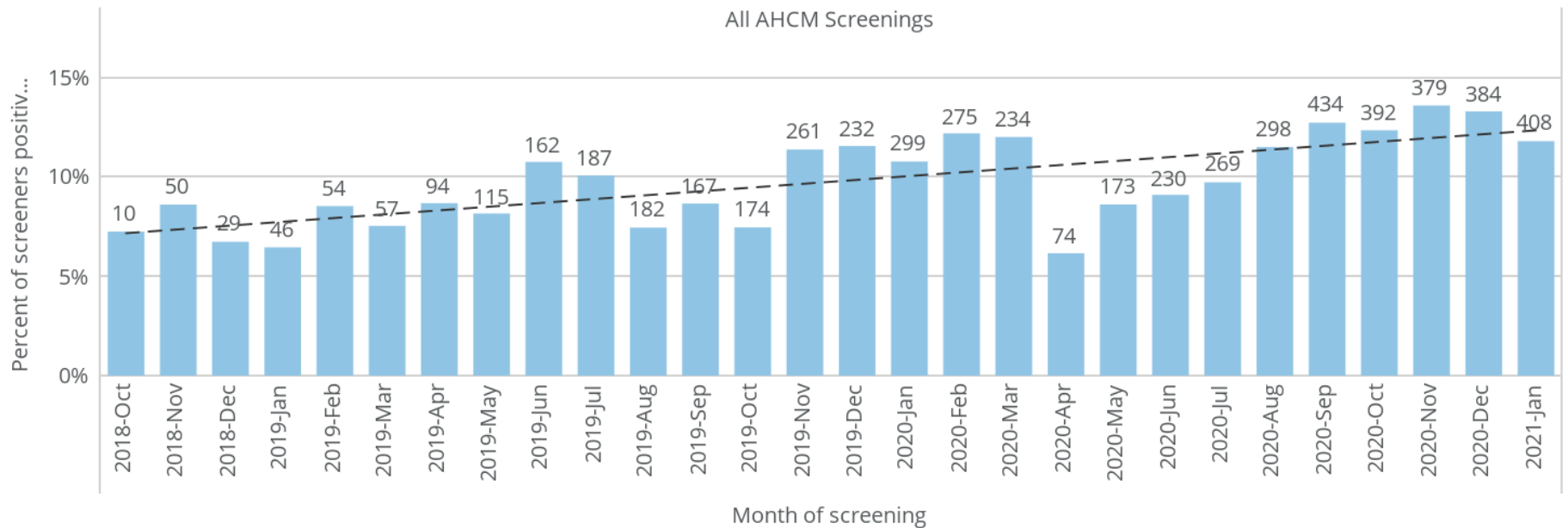
Accountable Health Communities Model



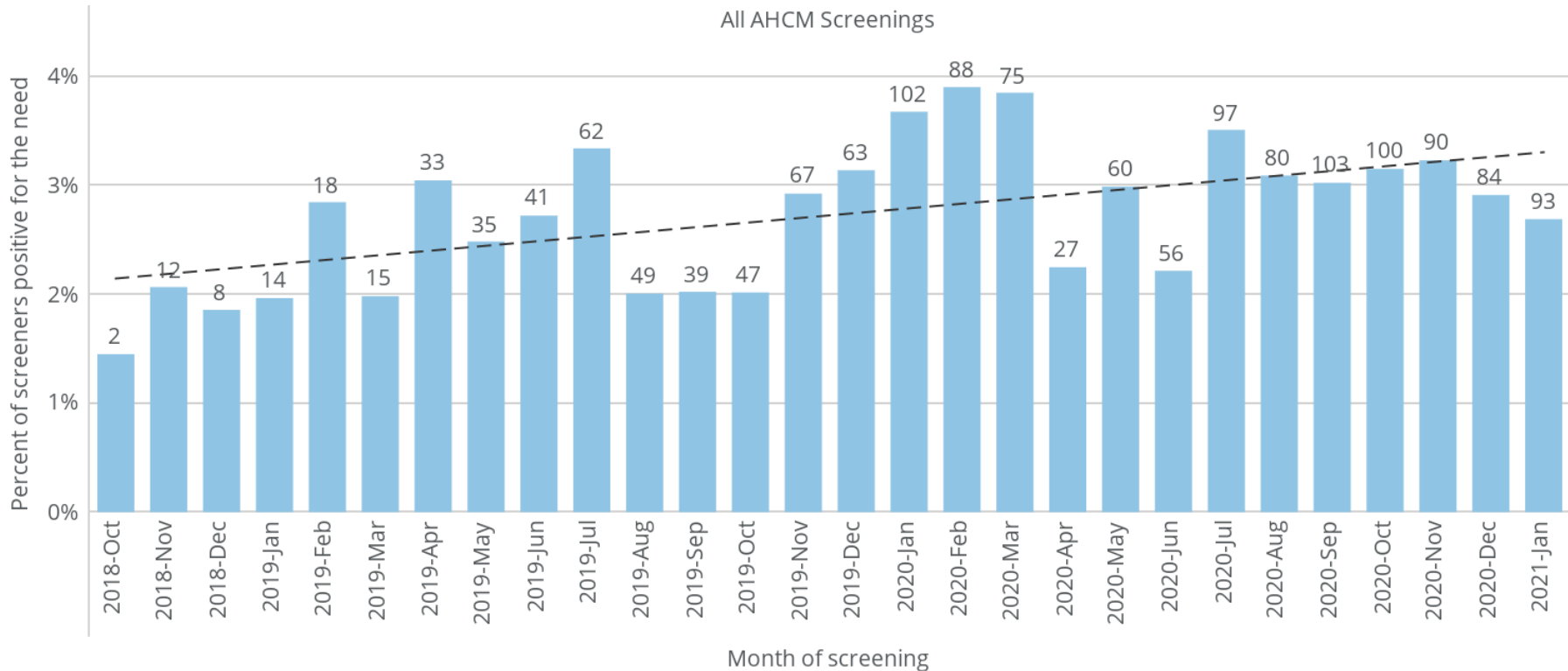
High Rates of Social Need



Pandemic Impact: Social Isolation



Pandemic Impact: Safety Needs



Practice Transformation

- *Integrated behavioral health advising*
 - Consultative services
 - Structured programs like State Innovation Model (SIM), Facilitating Alcohol Screening and Treatment (FAST)
 - Regional networking groups for integrated behavioral health providers (BHPs)
 - Toolkits (e.g. follow-up for positive depression screens in primary care, hiring and onboarding integrated BHPs)



Practice Transformation

- ***Learning collaboratives and webinars for healthcare providers***
 - Question, persuade, refer (QPR) training
 - Adolescent suicidality
 - Trauma-informed care
 - Individual and systemic burnout prevention
 - Various inclusion and diversity topics
- ***Presentations for community members***
 - Trauma-informed care for first responders



Save the Date

Behavioral Health Skills Training

Virtual

Friday, June 11, 2021

Mindy.Patton@rmhp.org



Practice Transformation

- ***Partners for Children in Mental Health (PCMH)***
 - PCP-focused training for youth suicide prevention
- ***ECHO*** *trainings*
 - Pediatric psychiatry in primary care
 - Provider resiliency and burnout prevention



Practice Transformation

- ***Clinical quality measures (CQMs)***
 - Depression screening
- ***RAE key performance indicators (KPIs)***
 - Behavioral health engagement
- ***RAE behavioral health incentive program (BHIP) measures***
 - Follow-up within 7 days of a hospital discharge for a mental health condition
 - Follow-up after a positive depression screen
 - Behavioral health screening for children in the foster care system



Care Coordination

>20% of care coordination staff have directly or indirectly interacted with a member who suicided.

Trained

- Suicide prevention

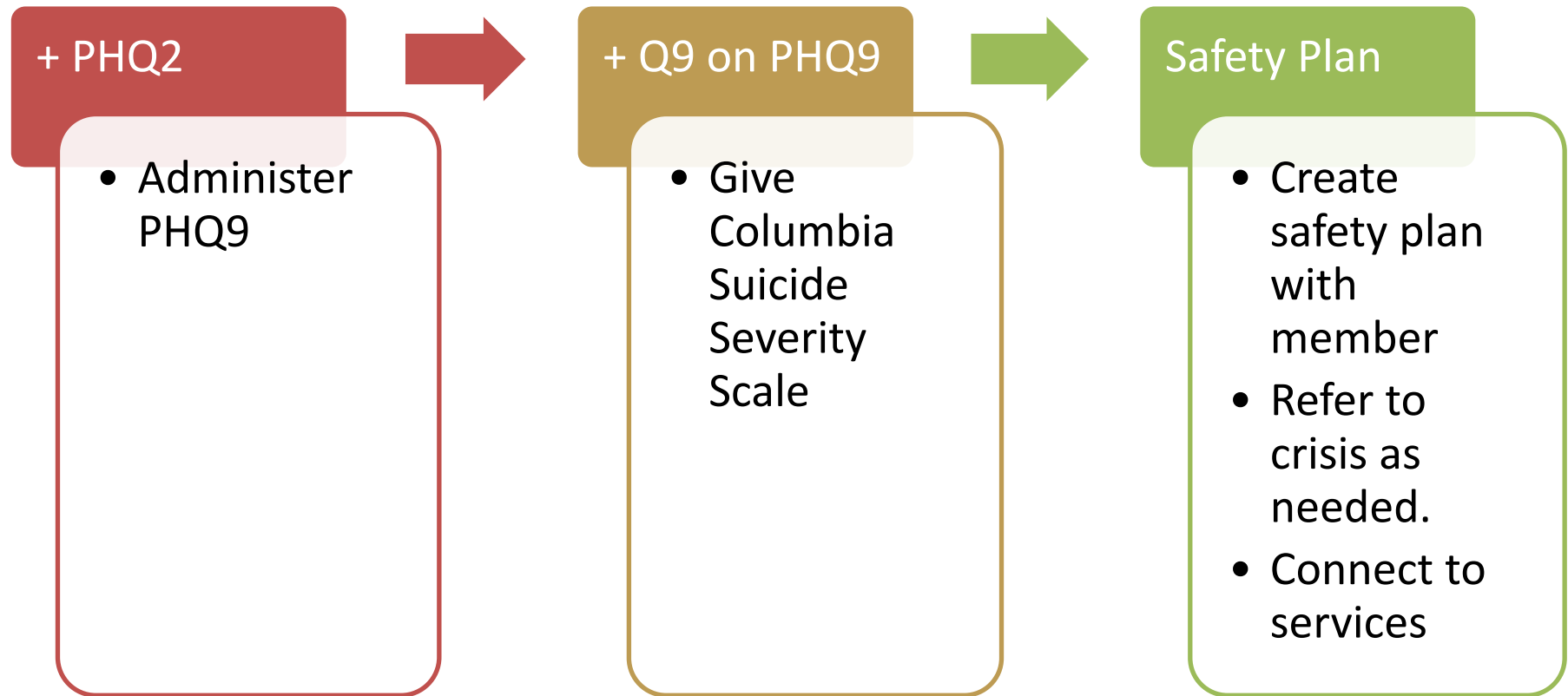
Need
training

- Access to lethal means
- Crisis response
- Staff roles and responsibilities



A Zero Suicide Approach to Care Coordination

Suicide is preventable!



Opportunities for Community Collaboration

A stylized graphic in the background of the slide. It features a large, thin, dark red arc representing a rising or setting sun. Below the arc, there is a silhouette of a mountain range with several peaks of varying heights. The entire graphic is rendered in a dark red color that matches the background.

Opportunities

- ***Facilitating or attending trainings for care teams***
- ***Utilizing RMHP care coordination***
 - Strengthening referral relationships for treatment
- ***Creating plans for ongoing support after crisis services are engaged***
- ***Leveraging relationships to encourage engagement with behavioral health services***
 - Stop the stigma



Questions?

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