

Improving Youth Suicide Pre- and Postvention in **Schools & Communities**

A Community-Engaged Methodological Approach

Anna S. Mueller, PhD

INDIANA UNIVERSITY BLOOMINGTON, DEPARTMENT OF SOCIOLOGY

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Co-Investigators

Sarah Van Norden, MA, University of Southern California







Sarah Diefendorf, PhD University of Utah



Study Goals

- 1. How can we make suicide prevention more effective and more sustainable for schools?
- 2. What community supports do schools need to be able to effectively prevent suicide?



The Importance of Schools





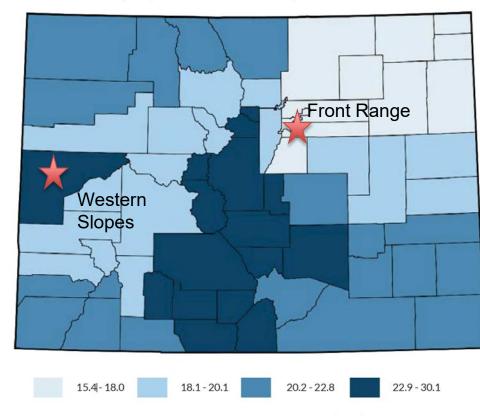
Understanding Schools as They Are



Methods

- Community-engaged team ethnography in two Colorado school districts
 - "Front Range" & "Western Slopes" Colorado
 - All names are pseudonyms
- 2. Ten high schools & 2 middle schools are participating
 - Vary in how their mental health safety systems work
 - Vary in youth suicide rates

Map of age-adjusted suicide rates, per 100,000, by county across the lifespan, Colorado residents, 2011-2015



(Health Management Associates via Colorado Attorney General)



Community Engaged Research

- 1. Start with listening
 - Build protocols to repeatedly listen to the needs, concerns and ideas of diverse stakeholders
 - Community advisory boards
 - Check ins
- 2. Bring the science and the methodological expertise
 - But be humble and recognize that community partners have tremendous knowledge
- 3. Be present in schools ethnography is key

Thank you!

Mueller1@iu.edu

www.annasmueller.com

www.socialworlds.info







